

**IN HONOR OF NATIONAL
WOMEN'S HISTORY
MONTH:**

Young advocate, Greta Thunberg and
NASA'S youngest astronaut, Alyssa
Carson inspire thousands of young girls
every day through their brilliance and
hard work.



**LIBERATION THROUGH
THE YEARS:**

A timeline of the Women's Rights
Movement



PULSE

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WHO SHE IS



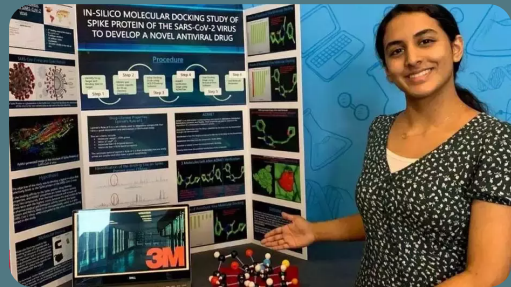
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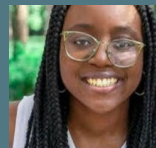
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LIBERATION
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PULSE-



ONE SMALL PERSON VS. HUNDREDS OF
CRUCIAL PUBLIC ISSUES. IN A WORLD WHERE
CHANGE NEVER STOPS, IT IS CRITICAL THAT
ONE STAYS EXPOSED TO RISING GLOBAL AND
LOCAL ISSUES ON A DAILY BASIS. HOWEVER
HOW CAN WE EXPECT OURSELVES TO DO THIS
ALONE?

THE PEOPLE'S PULSE WORKS TOWARDS
PROVIDING THE PUBLIC WITH A YOUTH
PERSPECTIVE ON CURRENT EVENTS TAKING
PLACE GLOBALLY. OUR MONTHLY ISSUES
FOCUS ON ENCOURAGING YOUTH ACTIVISM AND
IS A PLATFORM FOR EVERYONE TO HAVE THEIR
STORIES HEARD. WE PLAN TO ADDRESS
VARIOUS CONTEMPORARY ISSUES &
QUESTIONS TO FACILITATE GROWTH AND
OFFER RESOURCES FOR EVERYONE TO BE
ABLE TO CONTRIBUTE. LIKE THE BLOOD
RUNNING THROUGH OUR VEINS, OUR
NEWSPAPER WILL BE YOUR
LIFELINE FOR CREDIBLE INFORMATION.
THIS IS THE PEOPLE PULSE; STAY
TUNED FOR MORE!

ALYSSA CARSON

THE
STORY

WAS NEVER THE LIMIT



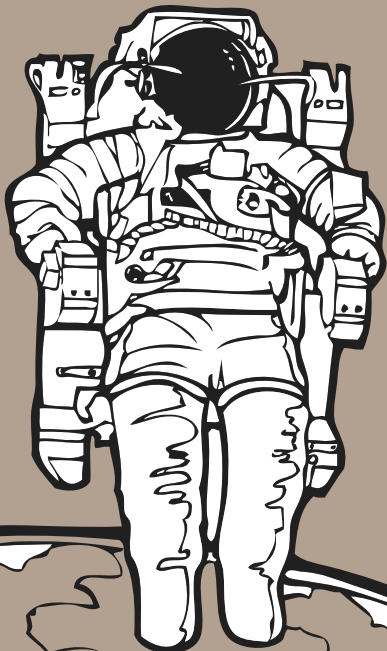
ALYSSA CARSON

By Nidhi George

Alyssa Carson was born on 10 March 2001 in Hammond Louisiana, Washington, United States.

Ever since she was just 3 years old, the little girl had the dream of being an astronaut and going to mars. Her father had no idea that this little girl's offhand statement would become real, making a meaningful lifelong achievement. In 2006, October Alyssa graduated in the Advanced Possum (Project Polar Suborbital Science in the Upper Mesosphere) Academy. This certification of graduation makes her go to space and an astronaut trainee. She is also the youngest person to be accepted into the International Space University.

At only 12 years old, in 2013, Alyssa Carson had visited all the 14 NASA Visitor Centers in the U.S making her first-person complete the NASA Passport Program. Her list of accomplishments includes attending Space Camp 7 times, the witness of 3 Space Shuttle launches, Space Academy 3 times, one-time Robotic academy, youngest graduated Advanced Possum Academy and multiple Sally Ride Camps. The distance to Mars mission is about 65 million KM, which means Alyssa would be approximately 3 years far from Earth. The mission includes her life at real risk, but she never seems to step back in. She will be 29 years old when she starts her Mission to Mars.





GRETA
THUNBERG

Greta Thunberg is an 18 year old Swedish climate youth activist who sparked an international movement to fight climate change in August 2018. Thunberg began skipping school on Fridays and protesting outside the Swedish Parliament. Her actions influenced millions of young people all over the world to organize and protest. Soon, other students participated in similar protests in their own communities.

**SCHOOL STRIKE
FOR CLIMATE**



In September 2019, Greta Thunberg delivered a speech, “How Dare You!” to the United Nations climate summit in New York. She demanded world leaders to take actions to prevent climate change. One of the most notable things she did was travel across the Atlantic Ocean on a two week trip to New York on a zero-emissions sailboat.



By Abhinav
Mukkamala



Thunberg also founded a movement in 2018 known as Fridays for Future,, where students throughout Europe participate in school strikes pressuring leaders and lawmakers to act on climate change. She also led potentially the largest climate rally in New York City, where she led thousands of strikers in the 2019 September's Global Climate Strike.

Thunberg was a Nobel Peace Prize nominee at age 16 and named Time magazine's Person of the Year in 2019. While the opposition tries to diminish her activism because she has Asperger's syndrome, she refers to it as a “superpower” instead.

ANIKA CHEBROLU



A 14 year old, 8th grader from Frisco, Texas received great recognition for her winning project in the 2020 3M Young Scientist Challenge in October 2020.

She made a discovery that provided a potential insight to finding a cure for Covid-19. Anika's invention used in-silico methodology, prediction using computational approaches, which discovered a lead molecule that selectively binds with the spike protein. Her next goal is to work alongside scientists and researchers who are attempting to control the mortality of the pandemic by utilizing her findings into an actual cure for the virus.



Meet Myrdell Celissaint

Sixteen year old Myrdell Celissaint is a young mental health advocate who is determined to break the negative stigma created while speaking about mental health. From a young age Myrdell was diagnosed with a chronic condition, Scoliosis. Scoliosis creates an abnormal curvature of the spine, affecting 2 to 3% of children and teenagers. Myrdell's diagnosis affected her ability to do the things she was passionate about. She was determined to create a community of people who have various struggles and believe they have nowhere to turn to.



FOREVER
FIERCE



Forever Fierce

Through Myrdell's persistence and determination, Forever Fierce was formed. Forever Fierce is an international initiative that raises awareness for chronic conditions and mental illness. Myrdell, along with multiple advocates created a strong platform to share various stories and raise awareness through content creation. With the use of blog posts, instagram posts, and well as podcasts episodes Myrdell has developed a positive platform amassing over 2,000 followers. Her goal is to form a community of people who have these struggles and believe they have nowhere to turn, and to hope that they turn to Forever Fierce in which they will receive tremendous support. Myrdell herself states, "For anyone in need to be able to hear the stories of others, be inspired to share their own stories, and be able to follow their own path is what Forever Fierce is about." Forever Fierce continues to raise awareness and empower others to be the best version of themselves.

LIBERATION THROUGH THE YEARS

A timeline of the women's suffrage movement.



**ADVOCATES FOR WOMEN
FROM
1848-2007**

WRITTEN BY PRISHA PANDITA



"There will never be a new world order until women are a part of it."
-Alice Paul



1920

August 26, 1920 marked a monumental step towards bringing access back to the basic human rights of women. On this date the 19th amendment was put into effect; stated that female citizens had the right to vote in all American elections.

1848

Seneca Falls, New York July 19-20; The Seneca Falls convention was the spark of fire needed to ignite the women's suffrage movement in the United States of America. Those at the convention fought for social, religious, and civil rights for women. Many influential women, Elizabeth Cady Stanton, Lucretia Mott, Jane Hunt, e.t.c., came together at the convention to pave the road for an equal world.



1923

The National Woman's party came together to create and implement the Equal Rights Amendment. They introduced it to congress. Alice Paul and her team highlighted the idea of women being paid equally as men, a chance for them to get work in professional settings, rights to own property, and many other rights. This amendment would soon be passed on March 22, 1972 by the Senate to the United States Constitution.

PULSE

1935

Mary McLeod Bethune founded the National Council of Negro Women; a national alliance of African American women's organization. The NCNW worked together with many to help bring equality to women of color. They had raised money for boycotts and even had Rosa Parks as a guest speaker at one of their conventions.



1963



John F. Kennedy signs the Equal Pay Act; states that it was now illegal for women to be underpaid for doing the same job as men.



2007

Nancy Pelosi becomes first elected women speaker in the House of representatives.



1960

Margaret Sanger, the pioneer of the Planned Parenthood act, opens her clinic offering birth control to women. Although being imprisoned for providing birth control, in 1960 the FDA approved the "pill" to be sold (after facing strong stigma) allowing a greater sense and safety for the reproductive rights of women.

EDITOR'S NOTE

Official Publication of The People's Pulse

Dear Readers,

After 2020 brought about a harsh reality for everyone, many of our youth became interested in engaging with various issues taking place all over the world. It was this very peak of interest that ultimately resulted in The People's Pulse; we are pleased to introduce this newspaper as our newest means of providing a platform for those who need their stories to be shared. We are excited to work alongside Harvard University's Panel to the People, and will continue to work towards facilitating growth amongst one another.

Contact Us

Get in touch with The People's Pulse to learn more about how you can get involved.



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Join Us

If you're interested in joining us please fill out this form.

<https://forms.gle/uV5xxFLRprD7sfUy5>

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